

# 3-Week Unconscious Mind Therapy & Transformation Journey

## Program Overview

Unlock the power of your unconscious mind and experience deep healing & personal growth in this transformative 3-week program! Through hypnosis, NLP (Neuro-Linguistic Programming), and personalized coaching, you'll release limitations, rewire your mind, and step into your full potential.

## What to Expect:

- **Duration:** 3 Weeks
- **Session Length:** 1.5 hours per week (Total: 4.5 hours)
- **Approach:** Hypnosis, NLP techniques, and integrative coaching

## Program Structure

### Week 1: Releasing Limiting Beliefs

- Identify and dissolve unconscious patterns holding you back
- Experience deep hypnosis to release negative thought cycles
- Create empowering new beliefs to align with your goals

### Week 2: Emotional Healing & Inner Balance

- Heal past emotional wounds through guided hypnotic techniques
- Reconnect with inner peace and emotional resilience
- Integrate powerful NLP strategies for emotional mastery

### Week 3: Future Vision & Empowerment

- Design a compelling vision for your future
- Use future-pacing hypnosis to align your subconscious with success
- Build lasting habits for continuous growth and transformation

## **This Program is for You if You Want to:**

- Overcome self-doubt and inner blocks
- Heal emotional patterns and past experiences
- Enhance confidence and clarity
- Unlock deeper levels of personal growth and empowerment

**Experience profound change by accessing the deepest layers of your mind. Reserve your spot today and begin your transformation journey!**

